



**Sunday, March 24, 2019 – 7:00AM**  
**5K, 10K, & 1 Mile FitKidz/Family Run/Walk**

**USATF Certified! Chip Timed!**  
**Curtis Park (near La Cholla and River)**

**Benefitting the Jim Himelic Foundation**

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Date of Birth: \_\_\_/\_\_\_/\_\_\_ Age on 3/24/19: \_\_\_\_\_ Gender: (M/F) \_\_\_\_\_

CIRCLE THE ONE THAT APPLIES BELOW | MAIL-IN POSTMARK BY 3/10/2019

	5K (Grand Prix Event)	10K	DAVE'S DOUBLE	1 Mile
	Non-SAR / SAR	Non-SAR / SAR	Non-SAR / SAR	12 & UP / FITKIDZX
Prior to 1/1/2019*	\$25.00 / \$20.00	\$25.00 / \$20.00	\$45.00 / \$35.00	
Prior to 3/1/2019**	\$30.00 / \$25.00	\$30.00 / \$25.00	\$55.00 / \$45.00	\$17.00 / FREE
On & After 3/1/2019	\$35.00 / \$30.00	\$35.00 / \$30.00	\$65.00 / \$55.00	\$20.00 / FREE

\_\_\_\_\_ **Extra donation to Jim Himelic Foundation (\*100% of the amount here will be forwarded for you directly to the foundation which supports ground-breaking research into ALS at the University of Arizona.)**

\_\_\_\_\_ **Total \$ Enclosed**

*In consideration of the acceptance of this entry, I hereby, for myself and my heirs, executors, and administrators, waive any and all rights, claims for damages I may have against the sponsors, coordination groups, Pima County,, Pima County Parks and Recreation, Southern Arizona Roadrunners and any individuals and sponsors associated with said event. Also, none of the above is responsible for the loss of personal items or any other form of aggravation in connection with said event. I have been warned that I must be in good physical condition to participate in the event. In filling out this form, I acknowledge that I am an amateur in such event. I also give permission for the free use of my name and picture in any broadcast, telecast, print or digital media account of this event. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions.*

Entrant's Signature\*: \_\_\_\_\_ Date: \_\_\_\_\_  
 \*Parent or guardian's signature if entrant is under the age of 18

Team Name (10K & 5K only): \_\_\_\_\_ Team Captain: \_\_\_\_\_



(Mailed entries must be received no later than Monday, **March 10, 2019**)  
 Make Checks Payable to: Southern Arizona Roadrunners  
 Mail to: Dave's Run for ALS  
 c/o Southern Arizona Roadrunners  
 PO Box 64215  
 Tucson, AZ 85728-4215