

## **WELCOME:**

Welcome to the 40th Annual Sabino Canyon Sunset Run, brought to you by the Southern Arizona Roadrunners. Thanks for being a part of this amazing event!

PLEASE READ the following important reminders for race day:

## **RACE DAY SCHEDULE:**

10:15am-12:30pm	Packet pickup at Performance Footwear on Broadway
4:30pm-5:20pm	Packet pickup at Sabino Canyon
5:30 PM	7.4 mile early start time for walkers and non-competitive runners, and runners aged 60 and above (we have to wait for the last tram to leave the road)
5:45 PM	7.4 mile competitive race start
6:00 PM	Free Kid's Fun Run (a few hundred yards)
7:45 PM	Awards Ceremony

## **EARLY START NOTES:**

\*Runners 60 and above are eligible for age group prizes and Grand Prix Points, regardless of start time. The early start is offered for safety reasons so that folks have more time to get back before dark.

\*Everyone below 60 years old who does the early start is not eligible for overall or age group awards, and will also not get any Running Shop Grand Prix points.

## **PACKET PICKUP:**

On race day, you can pick up your race number and t-shirt at Performance Footwear, 5350 E Broadway Blvd # 170, between **10:15 AM and 12:30 PM**. When you stop in be sure to check out their extensive inventory of everything for running. Alternatively, you can pick up your packet at Sabino Canyon beginning at 4:30pm.

## **PARKING / PARK ENTRY FEES / CARPOOLING:**

Please park just north of the park at Canyon View Elementary School (5725 N. Sabino Canyon Road) and Esperero Middle School (5801 N. Sabino Canyon Road). When you near the entrance of the park there will be signage and volunteers to direct you.

**Remember that no matter how you enter Sabino Canyon, there will be Forest Service rangers there to collect the daily use fee to enter the park as is done on any other day. If**

you have a pass, make sure to have your pass with you along with your ID. Otherwise, entry will be \$5 per person.

Please note that parking is not allowed on Sabino Canyon Road north of Sunrise Drive.

### **KID'S FUN RUN:**

There will be a short, free kid's race taking place soon after the start of the main race. Please be aware we will not be able to provide child care.

### **COURSE SAFETY:**

Sunset is at 6:55 PM. **Aid stations (mile 1.7, mile 3.7 and mile 5.7).** If you plan to be out on the course after dark please be aware you'll be on your own. Carry a flashlight, blinky light, headlamp, etc! There may be members of the Sabino Canyon Bike Patrol and/or Park Personnel on the course to increase park safety.

This is an out-and-back course on a winding road. For the safety of all participants, **stay to the right** to avoid runners coming in the opposite direction.

If you are participating in the 7.4 mile non-competitive event, please yield to the competitive entrants. Stay to the right, avoid walking in wide groups that block the road, and cross the bridges single-file once the first runners start overtaking you. In addition to water stops on the course, there are several park water fountains and bathrooms available to use.

### **AWARDS:**

The awards ceremony will be held in the park, near the finish area. See the website for more information on award categories. Many thanks to our great prize sponsors, Performance Footwear ([www.performancefootwear.net](http://www.performancefootwear.net)) and Summit Hut ([www.summithut.com](http://www.summithut.com)) for providing some great prizes. In addition to awards, we will be raffling off several prizes. You must be present to win.

### **FOOD AT THE RACE:**

Food at the race will include fruit and snacks, egees, and pizza from Dominos.

### **POST RACE GATHERING AT RISKY BUSINESS:**

After the race, visit **Risky Business**, located at 6866 East Sunrise Drive, on the **corner of Sunrise and Kolb** (less than 2 miles from the park entrance). They are offering **happy hour the entire night to all runners**. Bring your bib to the restaurant to get happy hour pricing. For more info... <http://www.riskybusinesstucson.com/>

### **WEATHER:**

Currently the weather is looking warm and pleasant, please remember to stay hydrated!

For the latest weather forecast, go to: <http://forecast.weather.gov/MapClick.php?lat=32.33471930167625&lon=-110.78681945800781>

### **WEBSITE:**

The most up-to-date information can always be found by visiting our website, <http://azroadrunners.org/races/detail/sabino>

### **QUESTIONS?**

**Contact:** Please email the Race Director, Steve Outridge at [outridge2003@yahoo.com](mailto:outridge2003@yahoo.com)

### **RACE BENEFICIARY:**

This event supports the Friends of Sabino Canyon (FOSC). The FOSC will have representatives at the race. Please stop by to say hello and thank them for all of the great work they do make the canyon a better place to visit for all of us!

### **RACE SPONSORS:**

A huge thank you to our race sponsors!

